

# SIGNATURE BOWLS

Choose your base: → **BASMATI • MIXED GREENS  
QUINOA & LENTILS • HALF & HALF**



## CHICKEN TIKKA MASALA **D** \$14

Grilled chicken in a rustic tomato curry with pickled onion, hot honey, crispy onions, cilantro  
Sub: Herb roasted chicken +\$1, Sub: Paneer\* **VG D**

## KARMA BOWL **VG D** \$14

Saag paneer\*, chickpea curry, yellow daal, pickled onions, kachumber, cilantro  
\$1 donated to City Harvest.

## CHICKPEA CURRY BOWL **V** \$14

Chickpea curry, roasted cauliflower, roasted sweet potatoes, kachumber, cilantro chutney, crispy onions, cilantro

## GOLDEN CHICKEN CURRY **S** \$14

Grilled chicken in a turmeric coconut curry with INDAY slaw, cilantro chutney, sesame coconut crunch, cilantro  
Sub: Herb roasted chicken +\$1, Sub: Paneer\* **VG D**

## CHARRED CHILI CHICKEN **D SB** \$14

Grilled chicken, romaine, pickled onions, cucumbers, habanero hot sauce, garlic yogurt, crispy onions, cilantro

## GREEN GODDESS CHICKEN **D N SB** \$15

Herb roasted chicken, INDAY slaw, roasted sweet potatoes, Indian green goddess dressing, cashews, cilantro

## TAMARIND-GLAZED SALMON **S SB** \$16.5

Tamarind salmon, INDAY slaw, sesame & coconut-crusting avocado, mango chutney, cilantro

## STEAK SATAY **N** \$16.5

Steak, roasted sweet potatoes, kachumber, cashews, cucumbers, cilantro, pickled onions, satay sauce *new!*

# INDAY CLASSIC OVER RICE

Tandoori chicken or steak, coconut rice, lettuce, kachumber, cilantro, kashmiri chili hot sauce, white sauce **D**

Chicken **\$10** Steak **\$14.5**



# BUILD YOUR OWN BOWL

*Be your own Guru!*  
CHOOSE YOUR BASE, MAIN, 2 SIDES,  
SAUCES & UP TO 4 TOPPINGS

## CHOOSE YOUR BASE **V**

Basmati  
Quinoa & lentils

Mixed greens  
Half & half



## CHOOSE YOUR MAIN

Grilled chicken +\$14  
Herb roasted chicken +\$15  
Tamarind salmon **SB** +\$16.5

**NEW Steak** +16.5  
Paneer\* **VG D** +\$14  
Chickpea curry **V** +\$12

## CHOOSE UP TO 2 VEGGIES

Roasted sweet potatoes **V**  
Roasted cauliflower **V**  
Yellow daal **V**

INDAY slaw **V**  
Saag **VG D**

## CHOOSE UP TO 2 SAUCES

Indian green goddess **VG D SB**  
Mango chili vinaigrette **V**  
Lime chaat vinaigrette **V**  
Garlic yogurt **VG D SB**

Tamarind chutney **V**  
Cilantro chutney **V** **🔥**  
Tikka masala **VG D** +\$1  
Golden curry **VG** +\$1  
Satay sauce **N VG** +\$1

## CHOOSE UP TO 4 TOPPINGS

Crispy rice\*  
Roasted cashews **N**  
Sesame coconut crunch **S**  
Crispy onions  
Pickled onions  
Kachumber

Cucumbers  
Cilantro  
Habanero hot sauce **🔥🔥**  
Green chili chutney **🔥🔥**  
Mango chutney **🔥**  
Avocado +\$2

# NAAN & SNACKS

NAAN **VG D G** \$3

Choose Plain or Garlic

SAMOSAS **V G** \$6

SESAME CHOCOLATE CHIP COOKIE *Sweets!* \$4  
**VG D G S SB**

**🔥** SPICY **G** CONTAINS GLUTEN **SB** CONTAINS SOY **N** CONTAINS NUTS  
**D** CONTAINS DAIRY **VG** VEGETARIAN **S** CONTAINS SESAME **V** VEGAN

\*MAY CONTAIN TRACES OF GLUTEN

*We Cater!* CATERING@INDAYNYC.COM @INDAYALLDAY